



INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2026

Prepared By,
Directorate of Press and Publications,
The Apollo University





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International Women's Day Celebrations 2026



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ABOUT US

WOMEN EMPOWERMENT CELL (AWEC)

To have an ensured healthy working environment for women employees and a study atmosphere for female students, in compliance with the University Grant Commission (UGC) (Prevention, Prohibition and Redressal of Sexual Harassments of Women Employees and Students in Higher Educational Institutions) regulations 2015, the campus has constituted an Internal Complaints Committee. The committee promotes a prejudice-free, Gender neutral and anti-sexual harassment atmosphere. For redressal of grievances, any and all complaints of sexual harassment of female employees and students who are enquired into by the committee.

Members of Women Empowerment Cell		
Name	Department/School	Role
Dr. Shaik Haseena	Assistant Professor, SoHS	Convener
Dr S. S. Shani	Assistant Professor, SoHS	Co-Convener
Dr. A. Divya	Assistant Professor, SoT	Member
Dr D. Shahanaz	Assistant Professor, SoM	Member
Dr. Sai Kalyani Yogini. C	Assistant Professor, SoHS	Member
Ms Denika Fernandes	Lecturer, SoHS	Member
Ms G. Mangala Gouri	Assistant, SoHS	Member
Ms .Stephy Nicholas	1st Year, MSc. Clinical Psychology	Student Member
A. Shreeya	1st Year, B.Tech CSE	Student Member
Ms K. Sirisha	1st Year ,B.Tech CSE-AI & DS	Student Member
Ms Shaikh Mubeena	2nd Year, B.Sc Imaging Technology	Student Member





ABOUT US

INTERNAL COMPLAINTS COMMITTEE (ICC)

To enable an empowering ecosystem for women on campus, campus has constituted the Apollo Women Empowerment Cell (AWEC). This would serve as a key platform for employees to understand and discuss relevant campus-related issues and ensure equal opportunities and welfare. Towards this, AWEC will drive, for instance, awareness programmes and workshops.

Members of ICC		
Name	Department/School	Role
Dr Hima Bindu. G.B	Associate Professor, SoT	Chair person
Dr Shahanaz D	Assistant Professor, SoM	Member
Ms C. Priynaka	Assistant Professor, SoHS	Member
Dr Nageswara Rao. B	Associate Professor, SoT	Member
Dr Haseena Shaik	Assistant Professor, SoHS	Member
Dr. M. Gaythri	Head of Health services -ATH	NGO
Mr. K. Ramesh Kumar	DGM, HR	Convener





OUR NSS UNITS

Apollo Institute of Medical Sciences & Research (AIMSR) has an active National Service Scheme (NSS) Unit sanctioned by Dr. NTR University of Health Sciences, with a volunteer strength of over one hundred students drawn from all years of the MBBS programme. The NSS Unit is committed to community engagement and regularly organizes health awareness programmes, health screening initiatives, and medical camps to serve the community. The unit functions under a structured committee, with the Dean of AIMSR serving as the Chairperson, Dr. P. Hemalatha from the Department of Community Medicine acting as the Programme Officer (Coordinator), supported by faculty members from various departments. MBBS students actively contribute as student leaders, playing a key role in planning and executing NSS activities, thereby fostering a spirit of service, leadership, and social responsibility.

The **National Service Scheme (NSS) Unit of Apollo College of Nursing, Chittoor**, established in 2019, plays a vital role in fostering social responsibility and community engagement among students. With a strength of 400 dedicated student volunteers, the unit actively organizes regular activities such as health awareness programmes, cleanliness drives, tree plantation, blood donation camps, and community health education, along with observance of important national days. Under the guidance of Programme Officer Mrs. S. Leelavathi and in coordination with the NTR University of Health Sciences (NTRUHS) NSS Cell, the unit also conducts an annual 7-day special camp in adopted communities, focusing on health screening, awareness programmes, school health initiatives, yoga training, and basic life support training. These activities provide students with valuable field exposure and help them develop leadership, teamwork, and a strong sense of service, making the NSS unit an integral part of holistic nursing education.

NSS at **The Apollo University** aims to inculcate service, develop personality and instil patriotism and unity among the student community and its stakeholders. The volunteers of our NSS units work to understand the community around the University, identify the needs and problems of the community, utilise their knowledge in solving these problems, acquire leadership qualities and teamwork and develop the capacity to meet emergencies and practice social harmony. The NSS has 2 Units at TAU each consist of 100 students and the Programme Coordinator for the units is Dr S. Hemadri Reddy Salla, Associate Professor, SoHS. Under the strong support system of PC, 2 NSS Officers, Dr Shaik Jakeer, Assistant Professor, SoT and Ms A. Gayathri, Assistant Professor, SoHS. Under the strong support system of the Programme Coordinator and two NSS Officers, Dr. Shaik Jakeer, Assistant Professor, School of Technology, and Ms. A. Gayathri, Assistant Professor, School of Health Sciences, the NSS Unit actively carries out its activities with dedication and commitment.



LIST OF PROGRAMMES

BRIEF

Apollo Knowledge City enthusiastically and actively observed International Women's Day 2026 with a week-long programmes. "Give to Gain: Committed to Forging Gender Equality" was the theme of the year. The Apollo Women Empowerment Cell (AWEC), NSS Units of the institutions, and Internal Complaints Committee (ICC) coordinated the events. The activities were carried out in accordance with the "Honoring the Warrior Within" Flagship Initiative of the AP State Women's Commission. Apollo Institute of Medical Sciences and Research, Apollo College of Nursing, and The Apollo University staff, faculty, and students took part in the series of events held from March 04 –March 09, 2026.

AHERF



The Apollo University
A DIVISION OF AHERF

APOLLO KNOWLEDGE CITY

INTERNATIONAL WOMEN'S DAY 2026

Give to Gain: Committed to Forging Gender Equality

List of Activities

**AP State Women's Commission Flagship Initiative
"Honouring the Warrior Within"**

Awareness Programme on Women's Rights & Safety	March 05, 2026
Drawing & Reel Competitions (Theme-based)	March 06, 2026
Walkathon / Campus Rally	March 06, 2026
Launch of Campus Ambassadors Programme	March 05 and 06, 2026
Student Safety Report Release	March 04-07, 2026
Final Celebration & Felicitation	March 09, 2026

Celebrating the strength, courage, and beauty of women everywhere. Today we honor every woman who inspires and makes a difference -every day.

8th March

Organized By,
Internal Complaints Committee (ICC), NSS Units & Apollo Women Empowerment Cell (AWEC)



EVENT 1

Awareness Programme on Women's Rights & Safety

AHERF



The Apollo
University
A DIVISION OF AHERF

**Apollo Institute of Medical Sciences and Research
Apollo College of Nursing &
The Apollo University**

We are happy to invite you to the

International Women's Day Celebration 2026

Awareness Programme on Women's Rights & Safety

Resource Person

Mrs. K Naga Sowjanya

Sub Inspector (SI)
Mahila Police Station, Chittoor

Chief Guest

Dr. Ramya Ramakrishnan

Associate Dean
AIMSR, Chittoor

Followed by POSH Awareness

Venue

Auditorium, Dr.PCRKC

Date & Time

05th March, 2026, 2:15 PM

**Organized By Internal Complaints
Committee (ICC), NSS Units
&
Apollo Women Empowerment Cell (AWEC)**





EVENT 1



Awareness Programme on Women's Rights & Safety

Apollo Knowledge City organized a Women's Rights and Safety Awareness Programme as part of the International Women's Day 2026 celebrations. The event was conducted at the Dr. Prathap C. Reddy Knowledge Centre Auditorium and witnessed active participation from a large number of students, faculty members, and staff across institutions.

The programme aimed to create awareness on women's rights, legal protections, personal safety, and the importance of building a safe and inclusive society. The session focused on sensitizing students to issues such as harassment, gender equality, domestic violence, and the importance of reporting concerns without hesitation.

Dr. Ramya Ramakrishnan, Associate Dean, Apollo Institute of Medical Sciences and Research (AIMSR), attended the programme as the Chief Guest. In her address, she emphasized that women's safety is not a privilege but a necessity. She highlighted the need for awareness from an early age and encouraged students to remain vigilant in their surroundings. She also stressed that along with physical safety, mental well-being is equally important. She urged both men and women to share responsibility in creating a respectful and equitable society and encouraged women to learn self-defense techniques to enhance their confidence and safety.

The keynote session was delivered by Mrs. K. Naga Sowjanya, Sub-Inspector from the Mahila Police Station, Chittoor. She provided valuable insights into legal provisions related to women's safety, including laws addressing harassment, domestic violence, and child marriage. She explained the procedures for filing complaints and highlighted the initiatives taken by law enforcement agencies to ensure the protection and support of women. She also addressed aspects of personal and cyber safety, encouraging students to seek help whenever necessary.

The programme included an interactive session where students actively engaged with the speakers, raised questions, and discussed real-life scenarios. This interaction helped clarify doubts and reinforced awareness of available support systems and legal remedies.

The programme successfully achieved its objective of promoting awareness, responsibility, and proactive engagement among students. It reinforced the message that women's safety is a collective responsibility and encouraged participants to contribute towards building a safer and more inclusive campus and society.



EVENT 1



Awareness Programme on Women's Rights & Safety





EVENT 2

Drawing Competition

POSTER



**Apollo Institute of Medical Sciences and Research
Apollo College of Nursing &
The Apollo University**

International **Women's Day 2026**

DRAWING COMPETITION

Theme: Women Empowerment

Open to all Staff and Students of AKC

Date: 06th March, 2026 Time: 10.00 AM

Venue: Dr. PCRKC Auditorium

For Queries, Contact:

Dr Shani S S

Co-Convenor

Apollo Women Empowerment Cell

Scan to Register



Organized By,

Internal Complaints Committee (ICC),

NSS Units & Apollo Women Empowerment Cell (AWEC)



EVENT 2

Drawing Competition

On the occasion of International Women’s Day 2026, the Internal Complaints Committee (ICC) and Apollo Women Empowerment Cell (AWEC) organized a Drawing Competition on 6th March 2026. The event was coordinated by Dr. Shani S. S., Co-Convenor of AWEC. The competition was held at Dr. PCRKC Auditorium from 11:00 AM to 1:00 PM

The competition, held on the theme “Women’s Empowerment,” witnessed enthusiastic participation from 34 staff members and students. The event provided a creative platform for participants to express the strength, resilience, and achievements of women through their artwork.

Based on creativity, relevance to the theme, and overall presentation, the following winners were selected:

- 1st Prize: Dr. Ramya, HoD, Department of Physiology, AIMSR
- 2nd Prize: Mounica, Department of Psychology, School of Health Sciences (SoHS), The Apollo University
- 3rd Prize: Vinay Nedi, Apollo College of Nursing

The competition highlighted the spirit of creativity, awareness, and appreciation for women’s contributions to society, making it a meaningful part of the university’s International Women’s Day celebrations.

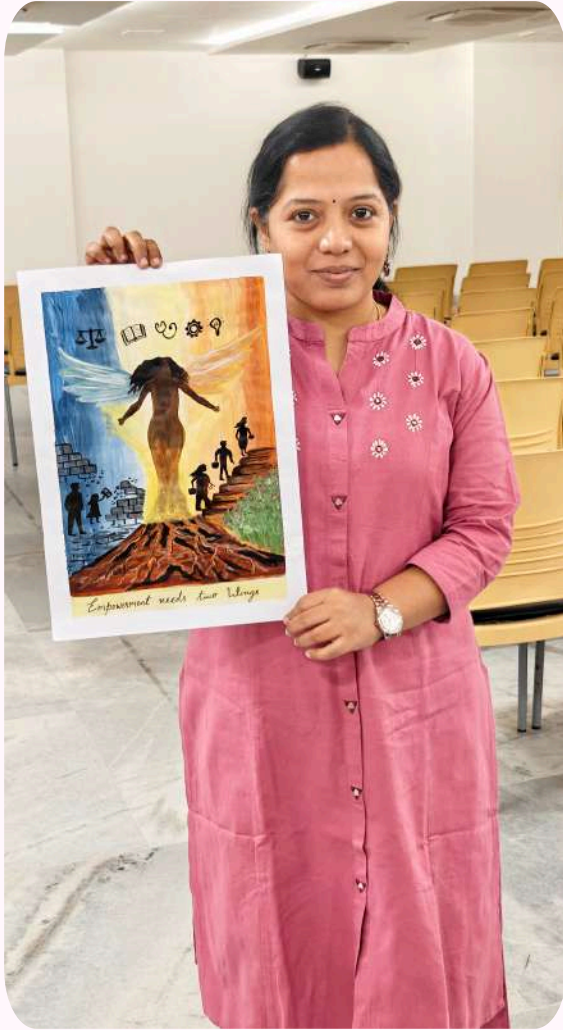
The prizes were presented to the winners by Ms. Hemalatha Katari, Chairperson, CHUDA, Chittoor, Andhra Pradesh, during the valedictory function of the International Women’s Day 2026 celebrations held on 09 March 2026





EVENT 2

Drawing Competition





EVENT 3

Reels Making Competition

POSTER



**Apollo Institute of Medical Sciences and Research
Apollo College of Nursing &
The Apollo University**

INTERNATIONAL WOMEN'S DAY 2026

Give to Gain: Committed to Forging Gender Equality

We invite you to participate in the

REELS MAKING COMPETITION

Theme: Women Empowerment

Submit entries before
06th March, 1.00 PM

For Queries, Contact:
Dr Sai Kalyani Yogini C.
Assistant Professor, SoHS

Scan to Register



Organized By,
Internal Complaints Committee (ICC),
NSS Units &
Apollo Women Empowerment Cell
(AWEC)



EVENT 3



Reels Making Competition

On the occasion of International Women's Day 2026, the Apollo Women Empowerment Cell (AWEC), in association with the Internal Complaints Committee (ICC), organized a Reels Competition on 7th March 2026 to encourage creativity and digital expression among students and staff. The event was coordinated by Dr. Sai Kalyani Yogini C., Member of AWEC.

The competition was conducted under the theme "Women's Empowerment," with the objective of inspiring participants to present meaningful and impactful messages through short video reels. A total of 9 entries were received from participants representing Apollo Medical College, Apollo College of Nursing, and The Apollo University. The participants showcased their creativity by highlighting the strength, achievements, and empowerment of women through engaging visuals and storytelling.

The entries were evaluated based on creativity, relevance to the theme, presentation, and overall impact. After careful assessment, the winners were selected as follows:

- The 1st Prize was awarded to Team "Break the Bias" from BPT, 1st Year, 2nd Semester (2025), comprising Neelam Jyoti Dash, J. Susmitha, M. Renu Sri, Sherin Ann Sukumar, and A. Shruti.
- The 2nd Prize was awarded to Team "Jyoshitha and Team," which included K. Jyoshitha, D. Sirisha, S. Sai Gopika, N. Supriya, Greeshma, Eswar, S. Vignesh Pandiyan, D. Jhanutha, A. Jaswanth, D. Dhanush, and R. Roopesh, representing various departments including Biomedical Sciences (2nd Year), Bachelor of Physiotherapy (1st Year), B.Tech Software Engineering (2nd Year), and Cyber Security (3rd Year).
- The 3rd Prize was awarded to Sreya Remanan and Team from MBBS 3rd Year (AIMSR), comprising Sreya Remanan, Kashwikha A. R., and Kishwar Jahan.

The competition served as an engaging and dynamic platform for participants to express their ideas and perspectives through digital media. The enthusiastic participation and innovative presentations made the event a vibrant and impactful component of the International Women's Day 2026 celebrations at The Apollo University. The winners were felicitated by Ms. Hemalatha Katari, Chairperson, CHUDA, Chittoor, Andhra Pradesh, during the valedictory function held on 9th March 2026.





EVENT 4

WALKATHON

POSTER



Apollo Institute of Medical Sciences and Research
Apollo College of Nursing &
The Apollo University

International **WOMEN'S DAY 2026**

Give to Gain: Committed to Forging Gender Equality

WALKATHON

06th March, 2026 3.30 - 4.30 PM

Organized By,

Internal Complain Committee (ICC), NSS Units & Apollo Women Empowerment Cell (AWEC)

**AP State Women's Commission Flagship Initiative
"Honouring the Warrior Within"**

Happy Women's Day to all the dreamers and achievers!





EVENT 4

WALKATHON



The Apollo Women Empowerment Cell (AWEC), in collaboration with the Internal Complaints Committee (ICC) and NSS Units, organized a **Walkathon – Campus Rally** as part of the International Women’s Day 2026 celebrations under the theme “Give to Gain: Committed to Forging Gender Equality.”

The event was conducted as part of the AP State Women’s Commission Flagship Initiative “Honouring the Warrior Within,” with the objective of creating awareness about gender equality, women’s empowerment, and promoting a respectful and inclusive environment for women in society. The rally had the participation from Apollo Institute of Medical Sciences, Apollo College of Nursing and The Apollo University.

The walkathon was organized under the leadership of Ms. Denika Fernandes, Faculty, SoHS and Dr. A. Divya, Faculty of SoT and Coordinator of Social Responsibility Club and was held on 06th March 2026 from 3:30 PM to 4:30 PM within the Apollo Knowledge City campus. Faculty members and students assembled at the Main Gate by 3:00 PM for the rally. The program began with a welcome speech delivered by Ms. Denika Fernandes, where she welcomed the chief guest, faculty members, and students to the event. The event was inaugurated by Dr. Shilpa, Associate Professor, Apollo College of Nursing, along with Mrs. Sumalatha, Assistant Physical Director. Dr. Shilpa flagged off the rally and officially commenced the walkathon.

The rally was attended by several faculty members including Dr. G. B. Hima Bindu, Chairperson – ICC; Dr. Shaik Haseena, Convenor, Apollo Women Empowerment Cell; Dr. Sravana Deepthi, Deputy Director – Student Affairs; Dr. Mouna, Assistant Director – Student Affairs; and Dr. Priyanka, Member – ICC, who were present and participated in the rally.

A total of 250 students from Apollo Institute of Medical Sciences and Research (AIMSR), Apollo College of Nursing, School of Health Sciences, and School of Technology actively participated in the rally. Participants followed the International Women’s Day colour code of Purple, White, and Green, symbolizing justice, purity, and hope. Students carried placards and banners promoting messages of women’s empowerment, equality, dignity, and respect, spreading awareness across the campus community

Approximately 15–20 NSS volunteers coordinated the students during the rally and ensured the smooth conduct of the event. During the program, a Women Empowerment Pledge was administered by a MBBS student, where participants collectively pledged their commitment towards ensuring equality, dignity, and empowerment of women. The event concluded with closing remarks delivered by Dr. A. Divya, who appreciated the participation of students, faculty members, and NSS volunteers in making the rally successful.



EVENT 4

WALKATHON





EVENT 5



Launch of Campus Ambassadors Programme

The Campus Ambassadors Program was launched on March 5 and 6, 2026, as part of the International Women's Day celebrations, with participation from Apollo Institute of Medical Sciences and Research (AIMSR), Apollo College of Nursing (ACoN), and The Apollo University (TAU). The initiative aimed to identify and empower representatives who could promote awareness on safety, gender equality, and student well-being across the campus. Each Campus Ambassador team comprises one faculty member along with a group of student representatives, ensuring both guidance and active student involvement in all initiatives. A pledge was also taken during the valedictory programme.

Following a structured selection process, the ambassadors were chosen based on their leadership qualities, communication skills, and commitment to social responsibility. The selected teams were formally recognized and honoured during the valedictory programme. They are entrusted with the responsibility of spreading awareness on women's safety, gender sensitivity, and equality.





EVENT 6

VALEDICTORY

POSTER



**Apollo Institute of Medical Sciences and Research
Apollo College of Nursing &
The Apollo University**

Warmly invite you to the

International **WOMEN'S DAY**

Valedictory – 09th March 2026

Chief Guest

Smt. Katari Hemalatha

Chairperson

Chittoor Urban Development Authority (CHUDA)

Date: 09-03-2026 Time: 11:00 AM

Venue – Auditorium, Dr. PCRKC, Apollo Knowledge City

**Organized By,
Internal Complaints Committee (ICC),
NSS Units &
Apollo Women Empowerment Cell (AWEC)**



EVENT 6



Release of the Student Safety Report and Valedictory

The Student Safety Report Release on March 9, 2026. The report's main focus was on campus safety for students. It described the Internal Complaints Committee's function. The systems for filing complaints were also emphasized. The report raised awareness of student support services and safety precautions. The program encouraged students to ask for assistance when needed and to openly discuss safety concerns

The celebrations concluded with the Final Celebration and Valedictory Programme on March 9, 2026 at 11:00 AM in the Auditorium, Dr. PCRKC, Apollo Knowledge City. The programme was attended by **Smt. Katari Hemalatha, Chairperson of Chittoor Urban Development Authority (CHUDA)**, as the **Chief Guest**. She spoke about the importance of women's empowerment in society. She appreciated the efforts of the organizers in conducting meaningful activities for students. She shared the example of the Apollo Group. She said Dr. Prathap C. Reddy started Apollo Hospitals with a great vision, and today his daughters continue that vision as strong leaders whom he proudly calls "Stree Shakti." She said their leadership reflects the power of women when families trust and encourage them. She also encouraged students to work with villages and create awareness about sanitation and hygiene. She requested students, especially girls, to participate in the Swachh Andhra Mission to help build a clean and healthy Andhra Pradesh. She also highlighted the importance of women's health and preventive care for building strong families and a healthy society.

Dr. Parvathi Bhat, Former Professor of Obstetrics and Gynaecology, Manipal Academy of Higher Education (MAHE), attended the Valedictory Programme as the Guest of Honour. She spoke about the importance of women's health, education, and leadership in society. She encouraged students to work with dedication and confidence. She also emphasized respect, compassion, and responsibility in professional life. Her address inspired students to value equality and contribute positively to society.

During the valedictory programme, the winners of the competitions were honoured and received their prizes. The organizers appreciated the active participation of students and faculty members. The Campus Ambassadors were also formally recognized on the stage. They were honoured for their role and commitment. They accepted their responsibilities to promote awareness and equality on the campus. The formal ceremony was followed by a vibrant cultural performances organised by the Arts and the Cultural Clubs, of the University.

The success of the program was the support and strong leadership of the team of coordinators, Dr Shaik Haseena, Convener, Apollo Women Empowerment Cell (AWEC), Dr Hima Bindu. G.B, Chairperson, Internal Complaints Committee (ICC), Dr. Sravana Deepthi, Deputy Director - Student Affairs, AIMSAR, Dr S. S. Shani, Co-Convener, AWEC, Dr Sai Kalyani Yogini. C, Ms Denika Fernandes, Members of AWEC, R . Prashanthi, Associate Professor, ACoN and Ms A. Gayathri, NSS Officer.



EVENT 6

Validictory





EVENT 6



Honouring the Women Employee and Prize Distribution

On the occasion of International Women's Day 2026, Apollo Knowledge City proudly honoured **Smt. Vanaja K from the Department of Radiology** in recognition of her dedicated and long-standing service at Government Headquarters Hospital. Her dedication, commitment, professionalism, and compassionate approach to patient care have made a significant impact over the years.



Prize Distribution

On the occasion of International Women's Day 2026, a prize distribution ceremony was held to recognize and celebrate the achievements of participants across various competitions conducted during the week-long celebrations at Apollo Knowledge City. The winners of events such as the Reels Competition, and Drawing Competition, are honoured for their creativity, enthusiasm, and meaningful contributions aligned with the theme of women's empowerment.





EVENT 6

Cultural Performance

The celebrations also featured a vibrant series of cultural performances that beautifully captured the spirit of women's strength and resilience. The programme included a graceful classical dance performance that reflected tradition and elegance, a dynamic fusion performance blending contemporary and classical elements, and a musical band presentation dedicated to celebrating the endurance and achievements of women. Each performance conveyed powerful messages of empowerment, courage, and identity, leaving a lasting impression on the audience and adding a lively and inspiring dimension to the International Women's Day celebrations.





GLIMSES



THE APOLLO KNOWLEDGE CITY

Saketa, Murukambattu - Post,
Chittoor - District,
Andhra Pradesh - State, India.
Postal code - 517127



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icc@apollouniversity.edu.in

