



# THE APOLLO CAMPUS CORNET

A half-yearly publication of The Apollo  
Knowledge City Campus, Chittoor, AP

**July 2025**  
**Volume 2, Issue 1**



Prepared by:  
**Directorate of Press and Publications**





# The Apollo Campus Cornet



Volume 2 - Issue 1

## THE EDITORIAL DESK

### Editor - in - Chief

Dear Readers,  
Greetings!!

It gives me immense pleasure to present **Volume 2, Issue 1** of **Apollo Campus Cornet**, the official newsletter of The Apollo University. This issue stands as a reflection of our vibrant academic culture, student creativity, and faculty engagement that continue to define the spirit of our institution.



**Dr. Iiyas Ali Shaik**

At the heart of this publication lies the collaborative effort of our dedicated students and faculty contributors, whose insightful articles, achievements, and creative expressions have given life and substance to these pages. I extend my sincere appreciation to every student writer, photographer, and faculty coordinator who made this edition possible through their enthusiasm and commitment.

I express my heartfelt gratitude to our Hon'ble Vice-Chancellor, whose inspiring leadership continues to steer our academic community toward excellence, and to our Registrar, whose constant encouragement and administrative support have been instrumental in sustaining this initiative.

A special word of thanks is due to the Directorate of Press and Publication for their invaluable guidance, timely coordination, and technical expertise in shaping this issue with professionalism and perfection. As we turn the pages of this new volume, may we continue to celebrate the achievements, ideas, and innovations.

**With warm regards and best wishes,**

**Dr. Iiyas Ali Shaik**

## THE ADVISORY COMMITTEE



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**Dr. Keerthana Thankachan**  
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# The Apollo Campus Cornet



Volume 2 – Issue 1

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Assistant Professor  
SoM

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**Kokkiligadda Vineeth**  
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II B. Tech CSE, SoT



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I Sem, RTT, AHS, SoHS



**Varsha Krishna**  
V Sem, B. Sc Nursing  
ACoN



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II B. Tech CSE, SoT



**R. Gunavathi**  
II Sem B. Pharmacy  
AIPS



**Punepalli Yoshitha Reddy**  
2024 MBBS, AIMSR



**Guduru Naga Vinuthna**  
II MBA, HHM, SoM

**Behind The Crafting**



**K Yugavardhan**  
III B. Tech CS, SoT



**V Balaji Chavakula**  
III B. Tech CSE (AI&DS)  
SoT

**Interns**

Directorate of Press and Publications

# SPOTLIGHTS

## Apollo University Launched CDHPM Combining AI, Digital Health, and Precision Medicine



## 30 Graduates Celebrate Success at Apollo University's First Convocation



## The Apollo University and Newcastle University, Australia Collaborate for Research & Pathways



## MoU Signed Between The Apollo University and Apollo Institute of Medical Sciences and Research



## RANKINGS & CERTIFICATIONS!

-  **TAU and ACoN Achieve ISO 21001:2018 Certification**
-  **Green Rankings - Sustainable Institutions of India ranked Apollo Knowledge City under Titanium Brand which is the second highest category**
-  **The Apollo University has been recognized as the Top Performing University of the Year by EducationWorld - The Human Development Magazine in its Grand Jury Higher Education Rankings 2025-26, reflecting Apollo's vision of providing world-class education aligned with international standards.**

## FACULTY ACHIEVEMENTS

**Dr. Asha P Johnson, Assistant Professor** at the Apollo Institute of Pharmaceutical Sciences, TAU has received the prestigious **Dr. P.D. Patil National Level Best P.h.D. Thesis Award-2024** for her Ph.D. research.





**Ms. Boya Vijaya Lakshmi from 2019 MBBS have been awarded as the Overall Topper and the Best Outgoing student on Occasion of the Graduation Day 2025 on 21st February 2025.**

**వైద్యవృత్తిని గౌరవించాలి**

**విజయలక్ష్మి అవార్డు అందజేస్తున్న పూర్ణిమ బాదిగ**

**చిత్తూరు (వైద్యవిభాగం), స్టూడెంట్:** ముంబయిలోని అపోలో విశ్వవిద్యాలయంలో ఉత్తవారం ఎంటీపీఎస్ విద్యార్థుల గ్రాడ్యుయేషన్ కే మనంగా నిర్వహించారు. దీక్షి గుర్గావ్ లోని ఎస్జీటీ వద్ద జరిగిన డాక్టర్ పూర్ణిమ బాదిగ విచ్చేసి మాట్లాడుతూ వైద్య విద్య అభ్యసించడం పూర్వజన్మ సుకృతమన్నారు. అందరూ వైద్యవృత్తిని గౌరవిస్తూ ఇదే సూర్యితో మురిస్తూ వచ్చామని అందుకుని ప్రజలకు మురిస్తూ అయినా తన సేవలు అందించాలని ఆశంజించారు. ఆనంతరం 116 మంది వైద్య విద్యార్థులకు పట్టాలతో సత్కరించి, జ్ఞాపికలు, మెడల్స్ అందజేశారు. ఓవరాల బావగారి నుండిన విజయలక్ష్మి... డాక్టర్ ద్రుతామ్ సీ రెడ్డి అచార్య కైవసం చేసుకున్నారు. ఈ కార్యక్రమంలో ప్రొఫెసర్ విశ్వ దేవ్, సీఈఓ శివరామకృష్ణ, నరేష్ కుమార్ రెడ్డి, ఓన్ ఆఫ్ డి. జోనాస్ అగస్టీన్, రంగనాథ్ పాల్గొన్నారు.



**APOLLO INSTITUTE OF MEDICAL SCIENCES & RESEARCH CHITTOOR**

**Mr. Pritish Kumar Sahu, Batch of 2022 MBBS – Secured 1st Prize for the research poster Presentation “Pathway Enrichment Analysis of Gaucher’s Disease-Related Genes” under the guidance of Dr. Usha Adiga (Associate Dean Research) and Mr. Sampara Vasishtha at CONNECTOMICS 2025, held at AIMSR, Chittoor.**



## Apollo College of Nursing Chittoor



**S. Mounika and Mr. Pavan Kumar have both been honored with the International Award from the Georgia Indian Nurses Association (GINA).**



**Miss.Nageswari, IV Semester secured 2nd place at the State Level Sports Meet conducted by the Guntur Athletic Association and selected for Nationals in the 800m running race.**

### FACULTY ACHIEVEMENTS



**Hold two faculty publications that are indexed in esteemed databases such as SCI, Scopus, and WoS.**

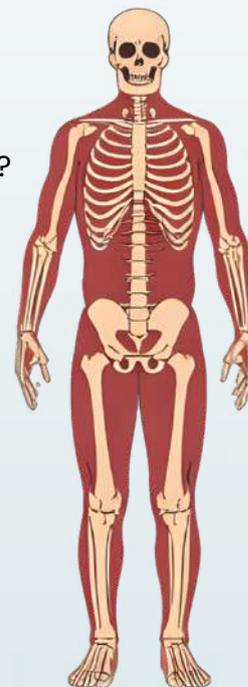
**Professor C. Silpa has proudly earned a Doctorate in Nursing from the prestigious Vinayaka Research Foundation, Salem, Tamil Nadu, India.**



**R.Gunavathi**  
2<sup>nd</sup> year B.Pharmacy

## KNOW ABOUT YOUR BODY !

- Which artery is the main supplier of blood to the brain?
- Which bacterium is the most common cause of peptic ulcers?
- Which electrolyte imbalance is most dangerous for cardiac function?
- Which muscle is known as the "calf muscle"?
- Which enzyme is inhibited by aspirin?
- What is the antidote for paracetamol poisoning?
- Which route of drug administration has 100% bioavailability?
- Which vitamin is used as an antidote in warfarin overdose?
- Which dosage form bypasses the first-pass metabolism?
- Which class of antibiotics inhibits bacterial cell wall synthesis?
- Which alkaloid is obtained from *Atropa belladonna*?
- Which drug acts as a proton pump inhibitor?



## HEALTH HACKS!

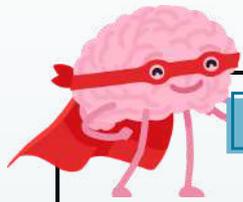
### Test Your Medical Knowledge !

Welcome to this issue of HEALTH HACKS! Your body is an incredibly complex machine, and the more you know about its workings, the better you can care for it. This quick quiz tests your knowledge on various aspects of human biology, pharmacology, and physiology.

### Give it your best shot!

- Which part of the brain is the primary center for regulating body temperature?
- What is the name of the condition caused by a deficiency of Vitamin D in children?
- Which type of blood cell is responsible for carrying oxygen from the lungs to the rest of the body?
- What is the main function of the Mitochondrion within a cell?
- Which common drug is a Beta-blocker and often used to treat high blood pressure?
- Which mineral is essential for the proper function of the Thyroid Gland?
- What is the name of the protein that gives skin, hair, and nails their strength and structure?

**R.Gunavathi**  
2<sup>nd</sup> year B. Pharmacy



**RK. Jyoshitha**  
**2<sup>nd</sup> Sem, BMS, SoHS**

Change has transformed the world since my great-grandfather's time, yet the values of purpose, vision, and humanity remain timeless. True satisfaction is not found in wealth or fear of failure, but in understanding oneself and working with integrity and empathy. Great organizations begin with great individuals—those who combine intellect with compassion and place people before projects.



**To live meaningfully, we must reflect on three essential questions:**

1. Who am I?
2. Why am I living the way I do?
3. What more can I become?

Knowing oneself begins with self-acceptance—valuing our strengths, learning from mistakes, and staying true to our beliefs even when faced with doubt or hardship. Life is imperfect, but growth lies in how we respond to challenges. Letting go of guilt, anger, and regret frees us to move forward with confidence.

**Self-knowledge develops through reflection:**

- Do my actions align with my values?
- Do I trust and stay with myself through difficulties?
- Do I show integrity and courage in every choice?

Our attitude shapes every outcome. Each decision we make is a chance to live authentically and express our inner greatness. Discover your talents, nurture curiosity, and act with purpose.

Finding your greatness begins with courage, self-honesty, and the willingness to grow. Let the past rest, live the present beautifully, and trust the future to unfold.

## Be the Voice of Our Next ISSUE!

*"Calling All Creatives!"*

Got a story, opinion, or creative piece burning to be shared? Don't miss out! We're gearing up for the next issue of our newsletter. Send in your submissions to:

**editorinchief@apollouniversity.edu.in**

Get noticed! Be featured in our upcoming newsletter!

Submit on or before  
December 31<sup>st</sup>, 2025.

“Make Your Mark” in the 2nd Volume  
of our Newsletter

**Dec 2025**  
**V2 I2.....Loading**



# Life

Life is a continuous process of change and evolution, where every experience shapes who we are and how we perceive the world. It is a

blend of emotions—happiness, sorrow, hope, and fear—all interwoven to create the fabric of our existence. While the future remains uncertain, the present moment is a gift that holds the power to define our destiny. Life encourages us to dream, to strive for better, and to find meaning even in the simplest things. Whether through the beauty of nature, the warmth of loved ones, or the strength found in solitude, life offers countless reasons to cherish and celebrate it. Ultimately, life is not just about reaching a destination, but about appreciating the journey and making each step count.

**Ms. Lakshmi Mounika**  
6<sup>th</sup> Semester, ACoN

# Nature

Nature is the greatest gift to humanity, offering a harmonious blend of beauty, balance, and life sustaining resources. It provides us with essentials like clean air, fresh water, fertile soil, and raw materials, supporting all forms of life on Earth.

Nature also holds cultural, recreational, and educational value. From ancient traditions to modern scientific research, the natural world has been a cornerstone of human development. Activities like hiking, birdwatching, and gardening not only connect people with nature but also enhance physical and mental health. Art, poetry, and literature across civilizations have drawn deeply from the beauty and power of nature.

**Ms. Jenitha**  
6<sup>th</sup> Semester, ACONC

# The Mother-Son Bond

A mother's relationship with her son is a lifelong journey of love, guidance, and growth. From birth, she nurtures him with unconditional love, care, and devotion. As he grows, she shapes his values, encourages his passions, and supports him through life's challenges.

Through laughter and tears, she remains his constant source of comfort and strength. Her influence instills in him confidence, resilience, and compassion. Their bond deepens with time, a testament to the transformative power of maternal love.

This unbreakable bond is a lifelong connection that touches hearts and souls, leaving a lasting impact on both mother and son.

**Gouri Manohar**  
6<sup>th</sup> Semester, ACoN

**Ms. Binathi Selvakumar**  
6<sup>th</sup> Semester, ACoN

Female foeticide is the practice of aborting a female fetus after determining its sex through prenatal testing.

This practice is often driven by societal preferences for male children, leading to a skewed sex ratio and gender imbalance. It raises significant ethical concerns and is illegal in many countries, including India, where it has been a major issue.

Efforts to combat female foeticide include awareness campaigns, stricter enforcement of laws, and promoting gender equality.

The impact of female foeticide extends beyond demographics, affecting social structures and women's rights. It can lead to increased violence against women, human trafficking, and difficulties for men in finding brides.

To combat this, it's essential to engage communities, empower women, and promote policies that support gender equality. By changing mindsets and enforcing laws strictly, we can work towards a future where every girl child is valued and protected.



## Maa - The Mother

Maa isn't just an emotion,  
But a pure devotion.  
As in certain times !  
Even when God becomes odd ,  
She becomes arm !  
And never leaves her child palm .

Just to ensure,  
That her child is happy !  
As she thinks about her child ,  
Even though she winks !  
And thinks that her child smile,  
Is her smirk.

And even when times passes,  
And her child grows,  
She sees her child as forever a kid ,  
And cherishes it so vivid !  
By forgetting all the pain ,  
That She experience !  
From the time of giving birth ,  
Until ,to her death,  
By always loving, caring ,bearing and  
forgiving.

And for her sacrifice !  
There is no praise and price,  
And just an phrase isn't enough !  
As Maa is undefinable and valuable.

**-Biguva Geya Varshitha**  
1<sup>st</sup> Year, B Pharmacy

## Echoes of an Unfinished Love

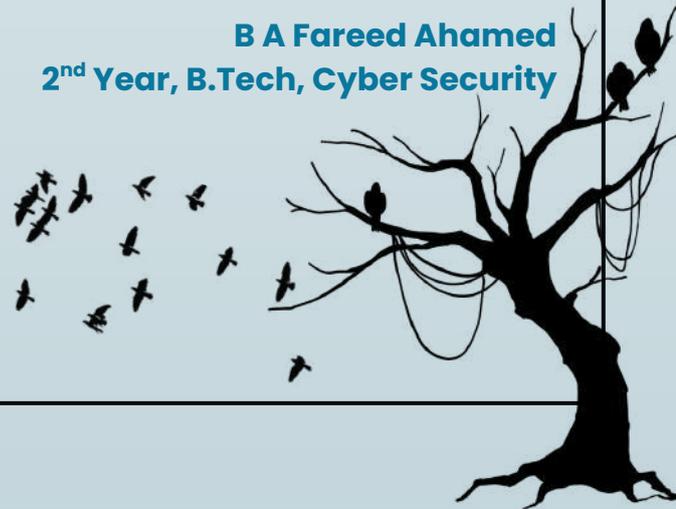
He loved deeply just once, pouring  
out his soul,  
Yet fate had scripted a different role.  
She arrived with a wedding invitation,  
quiet and sweet,  
He smiled through the sorrow, though  
his heart felt defeat.

Years slipped by, a decade flew past,  
In a gathering of friends, old  
memories amassed.  
Unmarried he lingered, a drink held in  
hand,  
When asked, "Why alone?" he took a  
firm stand.

"I loved but one, and my heart  
remains true,  
Though she's gone, my love still holds  
through.  
What if she has children, or lives far  
away?  
In my heart and mind, forever she'll  
stay.

Call me Devdas, lost in her embrace,  
For no one can ever replace her  
memory's grace."

**B A Fared Ahamed**  
2<sup>nd</sup> Year, B.Tech, Cyber Security





## A Call for Nation

**Biguva Geya Varshitha**  
1<sup>st</sup> Year, B Pharmacy

Indian nation is a guiding vision!  
Since from first, to all the rest!  
As from culture to heritage, it didn't age!  
But we people forgot what we got,  
And getting modernized to all the things,  
By not knowing that we got caught,  
For which before our people fought and  
also to boycott!

So our India should be independent,  
Without any dependence!  
Our India should be democratic,  
Without any critics!  
Our India should be a definition of unity,  
Without any regional or religiosity!  
Our India should be a definition of no corruption,  
Without any misconception!  
Our India must be educated,  
Without being outdated!

And to achieve this Vikshit Bharat,  
We youth should be a Bhagirath!  
As mostly we youth, we just pout,  
Forgetting to get out,  
By getting addicted to social media,  
But our laziness will drown  
The future into dizziness.  
Because silence will not give license  
To stop nonsense,  
And ignorance will just make us  
An ornamental glance.

As we youth of today  
Are the leaders of tomorrow,  
Our role matters—to be happy or sorrow.  
So we must reform, reshape, and  
Remake India.

## I AM SUFFERING

**Ms. M.Sravani**  
4<sup>th</sup> year, ACoN

I'm suffering — not even knowing how to suffer.  
I ache to sleep in my mother's arms,  
To lean on the strength of my father's shoulder,  
To rest beneath my sister's gentle shade,  
To laugh in the mischief of my brother once more.

I suffer, missing the warmth of my friends,  
And to walk on a path I do not understand.

Why do I suffer...?

I suffer in the name of love,  
Even when love is mine, I still ache.  
I suffer for trusting too deeply,  
And now, I suffer with no lover by my side.

Why do I suffer...?

I suffer in the silence of solitude,  
Longing for a lullaby to soothe my soul.  
I suffer by getting fooled, broken.  
I suffer, having lost myself.

Why do I suffer...?

I suffer, hoping I will bloom again,  
I suffer, fearing I may never heal.

I'm suffering...

I'm suffering — not even knowing how to suffer.

## REBORN

**Jignesh Singh**  
1<sup>st</sup> Year  
B. Pharmacy

The world moves fast — too much to bear,  
I'm lost within this weight of air.  
My soul is bruised, my will has died,  
In shadows deep, I tried to hide.

— I gave up hope, I closed my eyes,  
Staring where the silence lies.  
No strength was left, no spark inside,  
Just numbness where the pain would bide.

But then a sudden wind took flight,  
And stirred my stillness with its light.  
A glimpse — your rose-hued dress appeared,  
And shattered all the doubt I feared.

— My limbs grew light, my breath grew thin,  
While storms of thought swirled deep within.  
My heart beat fast, my senses wide,  
As if my soul had never died.

— I looked at you — the world went still,  
Your gaze, a cure, a gentle thrill.  
That smile you wore, so soft and true,  
Reached deep and pulled me back to you.

— In that moment, time stood still,  
From the void, I felt it all;  
Your light healed me, and I was reborn.



# Future Lives

Change has transformed the world since my great-grandfather's time, yet the values of purpose, vision, and humanity remain timeless. True satisfaction is not found in wealth or fear of failure, but in

understanding oneself and working with integrity and empathy. Great organizations begin with great individuals—those who combine intellect with compassion and place people before projects.

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By K. Jyoshitha  
2<sup>nd</sup> Sem, BMS, SoHS



## TEACHERS : CARTOGRAPHERS OF INVISIBLE MAPS

**Kaviyadharshini S.P, 2<sup>nd</sup> Year M.Sc. Clinical Psychology, SoHS**

All babies are born with an invisible map - empty, delicate, and full of unexplored territories. Most of us don't even realize it's there. But teachers... they are the mapmakers.

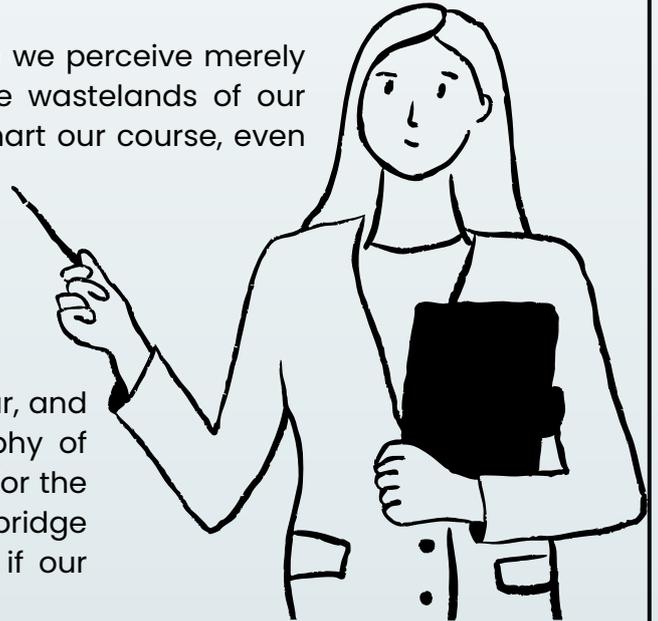
They envision the silhouette of mountains when we perceive merely fog. They draw rivers of potentiality across the wastelands of our doubt. They write in the stars we may use to chart our course, even on the nights the sky appears bare.

In their midst, chalk powder is stardust. A blackboard is a gateway. A carefree comment is a compass point directing us to a fate we cannot yet define.

They don't just instruct us in equations, grammar, and history they instruct us in the hidden geography of living. How to stand tall in storms. How to listen for the quiet truth in the din. How to locate the thin bridge between fear and courage and cross it, even if our knees shake.

And look at their wonderful act of faith: they will not accompany us on the whole journey. They give us our half-etched maps, hope we will complete them, and disappear into the fog of remembrance leaving landmarks we will continue to discover years later.

Because teachers are not only guides of the here and now. They are builders of futures they'll never see, cartographers of paths they'll never take, and quiet co-writers of the tale we'll eventually tell.

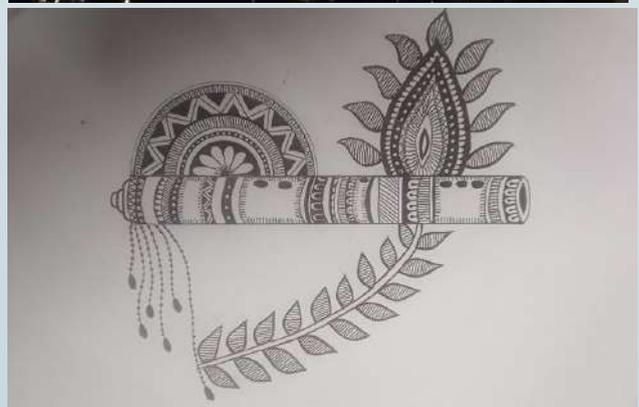
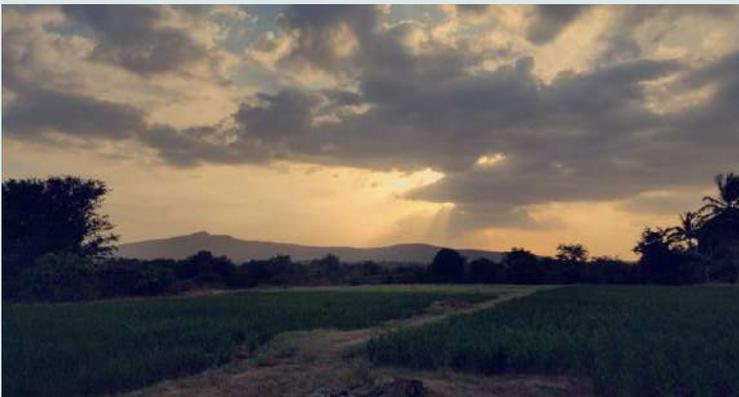


Published in:

**NewsKconnect**

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MENTAL HEALTH AND REHABILITATION  
MADURAI**

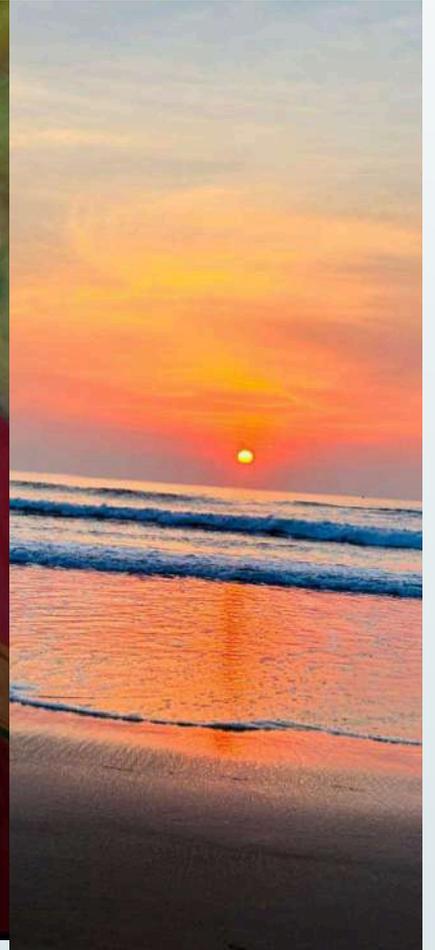




R. Gunavathi  
2<sup>nd</sup> Year, B. Pharmacy



**Jishnu**  
2<sup>nd</sup> year MBA HHM



**Premchand, B.Pharmacy**  
2<sup>nd</sup> Year (IVth Semester)

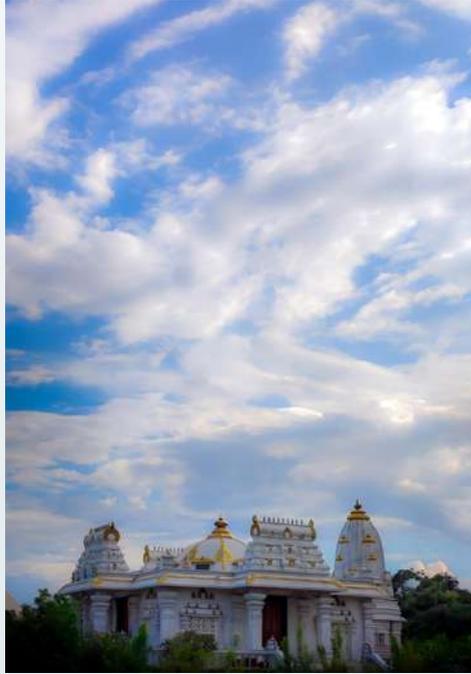


# Hand crafted

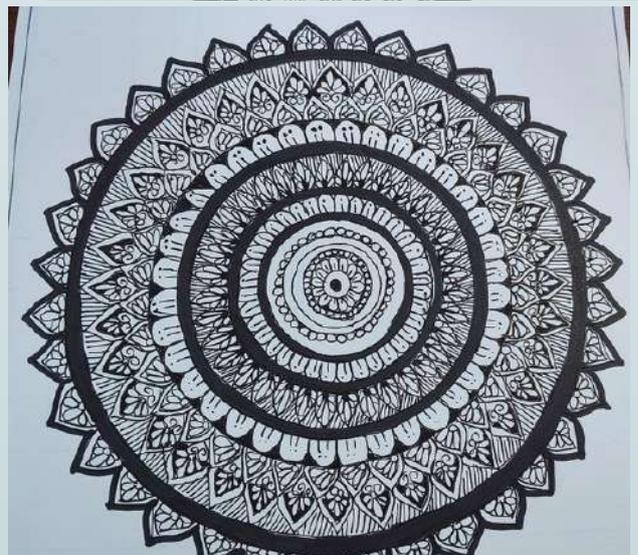
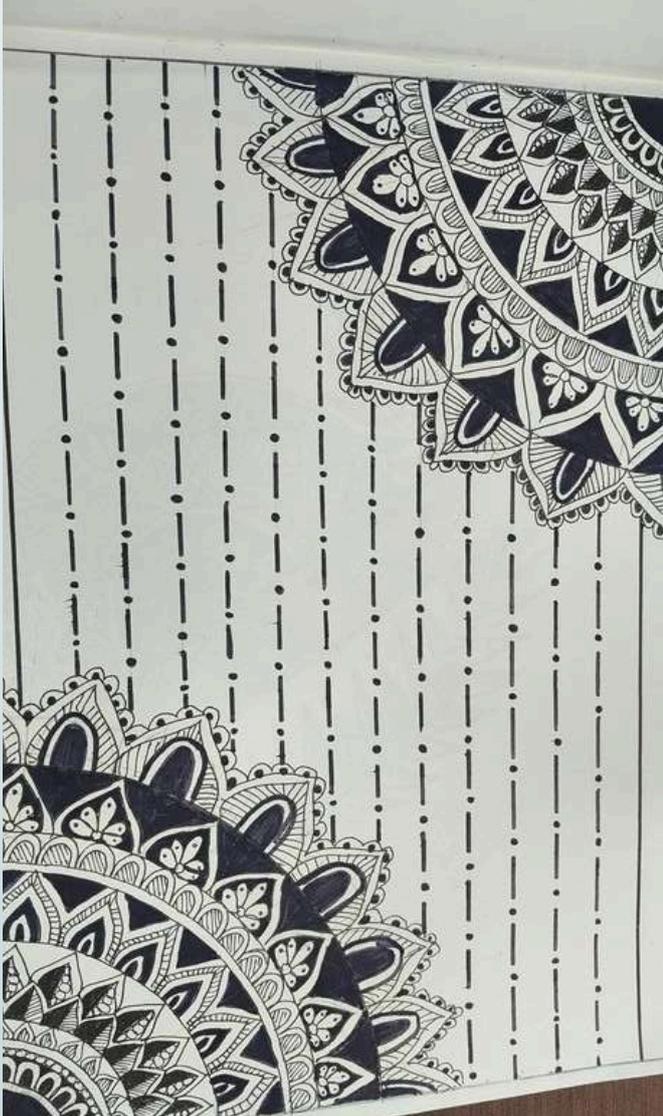
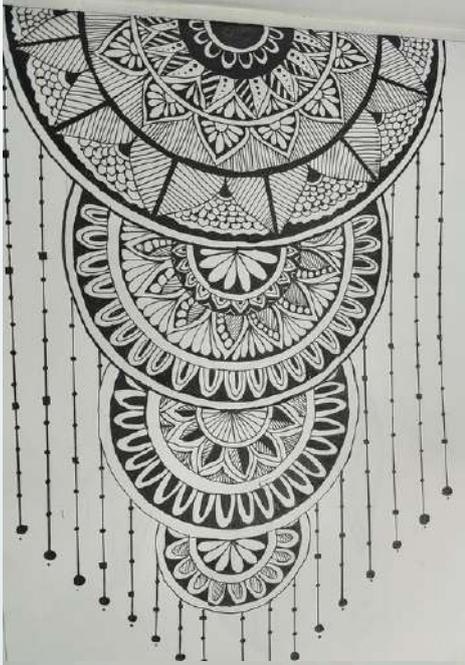


**E. Janya Sri**  
3<sup>rd</sup> Year , B.Tech, SoT





**Jai Hasith**  
**B.Tech 2<sup>nd</sup> Year**



G N Vinuthna  
II Year MBA, SoM



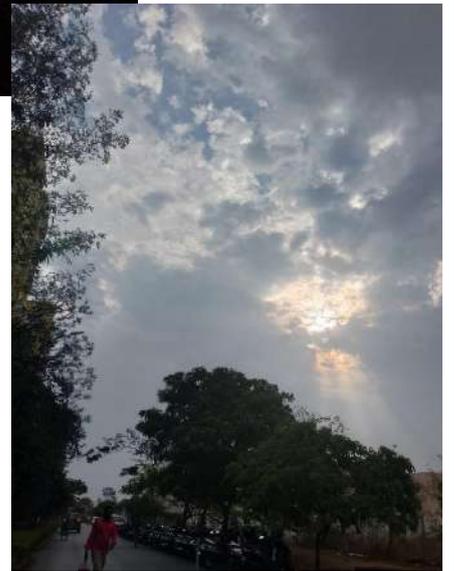
Mr. Sanith, 4<sup>th</sup> year, ACoN



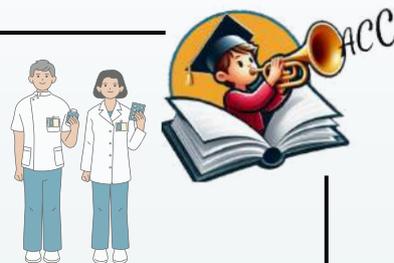
Mr. Jagan Jayakumar, 4<sup>th</sup> year, ACoN



Ms. A. Sravani, 6<sup>th</sup> Semester, ACoN



Ms.V.Swapna  
6<sup>th</sup> Semester, ACoN



## SHAPED BY THE COAT

Premchand, B.Pharmacy 2<sup>nd</sup> Year (IVth Semester), AIPS

Every journey begins with a single step – or a single thread. In this story, we explore how a simple uniform symbolizes the incredible growth and transformation happening in every student's life.

Every hero wears a symbol – a cape, a badge, a crown. At our university, we wear a uniform.

For some, it's a white lab coat; for others, a blazer, an ID card, or a toolkit. But that uniform is more than cloth – it's a fabric of becoming. When a student first wears their lab coat, they may feel nervous and unsure – like stepping into a world full of formulas, experiments, and failures. But something changes inside them each time they wear it.

Their posture straightens, focus sharpens, mindset deepens. The coat doesn't just cover them – it shapes them. This is true for every student: An engineer's stained drawing sheet – a future city blueprint. A manager's blazer – armor for a leader. A scientist's microscope – a window to life's secrets.

**A pharmacy student's lab coat** – compassion and science woven together.

These uniforms hold our dreams, failures, late nights, and small victories. They become a second skin – not just what we wear, but who we become. One day, we'll trade these uniforms for suits, tools, and the real world. But what we became inside them stays with us forever.

So when you wear your coat, badge, or kit – Don't just wear it. Own it. Because you're not just a student. **You are becoming something extraordinary.**



## THE PHARMACIST'S TOUCH

Premchand, 2<sup>nd</sup> Year, B.Pharmacy, AIPS



Every career is built on a foundation of learning, but the journey of a healthcare professional is uniquely intertwined with empathy and responsibility. As pharmacy students, we are training for a role that extends far beyond dispensing medication; we are preparing to be the most accessible healthcare providers in the community. This path demands a deep commitment to both science and service.

The long hours spent studying organic chemistry, pharmacology, and therapeutics are not just academic hurdles; they are the building blocks of the trust patients will place in us. Every formula memorized, every drug interaction understood, prepares us to offer critical advice that can mean the difference between healing and harm. The pharmacy profession is a constant balance between the precision of a scientist and the compassion of a caregiver.

The white coat we aspire to wear is a mantle of that dual responsibility. It signifies our dedication to mastering complex drug mechanisms to ensure efficacy and minimize side effects. It also represents our pledge to listen, counsel, and advocate for our patients, helping them navigate often confusing treatment plans. Our training is about acquiring knowledge, yes, but more importantly, it's about cultivating the ethical maturity and communication skills needed to translate that knowledge into meaningful patient care.

Our goal is not merely to sell a product, but to optimize a patient's health outcome. We are on the front lines, ready to manage chronic conditions, perform essential immunizations, and act as a vital safety check in the healthcare system. The journey is demanding, but the reward is the privilege of improving lives, one consultation at a time. This is the Pharm.D. difference.



## THE IMPACT OF SOCIAL MEDIA ON MENTAL HEALTH

Iren Mariya Varghese, 6<sup>th</sup> Semester, ACoN

The Era of social media has revolutionized the way people communicate, interact, and share their experiences. Platforms like whatsapp, Facebook, Instagram, Twitter, and Snapchat have become an integral part of modern life, especially among young adults and teenagers. However, concerns have been growing about the impact of social media on mental health.

One of the most significant concerns is the impact of social media on self-esteem and body image. Social media platforms are filled with images of perfect bodies, flawless skin, and seemingly perfect lives. This can lead to unrealistic comparisons and a distorted view of reality. Individuals, especially young women, may feel pressure to conform to societal beauty standards, leading to feelings of inadequacy, low self-esteem, and body dissatisfaction.

Another issue is the potential for social media to exacerbate feelings of loneliness and isolation. While social media connects people, it can also create a false sense of connection. Individuals may have hundreds of online friends but feel lonely and disconnected in real life. This can be particularly problematic for people who are already vulnerable to mental health issues, such as those with depression or anxiety.

Cyberbullying is another significant concern. Social media can be a breeding ground for bullying and harassment, which can have serious consequences for mental health. Victims of cyberbullying may experience anxiety, depression, and even suicidal thoughts.

On the other hand, social media can also have positive effects on mental health. It can provide a sense of community and connection for people who are isolated or have difficulty forming social connections in person. Social media can also be a valuable tool for raising awareness about mental health issues and promoting resources and support.

To mitigate the negative effects of social media on mental health, individuals can take steps to use these platforms responsibly. This includes setting boundaries, taking breaks from social media, and engaging in offline activities. Additionally, social media companies can play a role in promoting healthy online interactions by implementing policies to prevent cyberbullying and promoting positive body image.

In conclusion, the impact of social media on mental health is complex and multifaceted. While it can have negative effects on self-esteem, body image, and social connections, it can also provide a sense of community and support. By being aware of the potential risks and taking steps to use social media responsibly, individuals can minimize its negative effects and promote healthy online interactions. Ultimately, a balanced approach to social media use is essential for maintaining good mental health in the digital age.





## Introduction to Health Policy

by Dr. Leiyu Shi

**Dr. Ramaiah Itumalla, Dean, School of Management**

In *Introduction to Health Policy*, Dr. Leiyu Shi offers a clear and comprehensive exploration of the complex world of healthcare policy. As a leading expert in the field, he provides an organized framework for understanding how health policy is developed, implemented, and analyzed across different systems and populations.

The book is divided into four sections encompassing ten chapters. The first introduces the concept and importance of health policy, while the second examines policymaking processes at federal, state, local, and international levels, highlighting the political, social, and economic forces that shape decisions. The third section discusses major health policy issues, including financing, healthcare delivery, and policies affecting diverse populations. The final section focuses on health policy research, outlining both qualitative and quantitative methods and concluding with a practical case study.

Each chapter features real-world examples, summaries, and discussion questions that enhance engagement and understanding. Overall, *Introduction to Health Policy* is an essential resource for students, administrators, and future policy leaders, equipping them with the knowledge and analytical skills needed to address healthcare challenges and drive meaningful policy improvements worldwide.

## Introduction to Pharmacovigilance

by Dr. Elena Ramirez

**Dr. Ramaiah Itumalla,  
Dean  
School of Management**

Dr. Elena Ramirez, Professor of Pharmaceutical Sciences at the University of Geneva, has published a timely and comprehensive textbook, "Introduction to Pharmacovigilance," delivering an accessible exploration of the crucial field of drug safety. With her decades of experience in regulatory science, Dr. Ramirez offers a meticulously structured framework to understand how the benefit-risk profile of medicines is continuously monitored throughout their lifecycle.

The book is thoughtfully divided into three core sections, covering twelve chapters. The initial section, *Foundations*, defines pharmacovigilance, details its historical evolution, and explains the critical role of adverse drug reaction (ADR) reporting systems. This lays the groundwork for understanding the ethical and regulatory mandate of drug surveillance.

The second part, *Methodologies*, delves into the practical science, examining various methods for ADR detection, signal generation, and risk assessment. It covers both spontaneous reporting databases and advanced methods like observational studies and data mining.

The final section, *Global Practice and Future*, addresses the challenges of international safety collaboration, including the roles of the WHO-Uppsala Monitoring Centre and national regulatory agencies like the FDA and EMA. It concludes with a forward-looking view on integrating new technologies, such as Artificial Intelligence, into drug safety practices.

Overall, Dr. Ramirez's textbook is an indispensable resource for pharmacy and medical students, regulatory affairs professionals, and public health officials. It provides not only foundational knowledge but also the critical insights needed to engage in effective risk management and drive improvements in patient safety worldwide.



## Misty Hills & Tea Trails – My Trip to Ooty

If there's one word to describe my trip to Ooty, it's magical. Nestled in the Nilgiri Hills of Tamil Nadu, Ooty is known as the "Queen of Hill Stations" – and rightly so!

Our journey began with a scenic bus ride filled with winding roads, waterfalls, and lush greenery. As we ascended the hills, the air turned cool and fresh – a welcome change from the city heat.

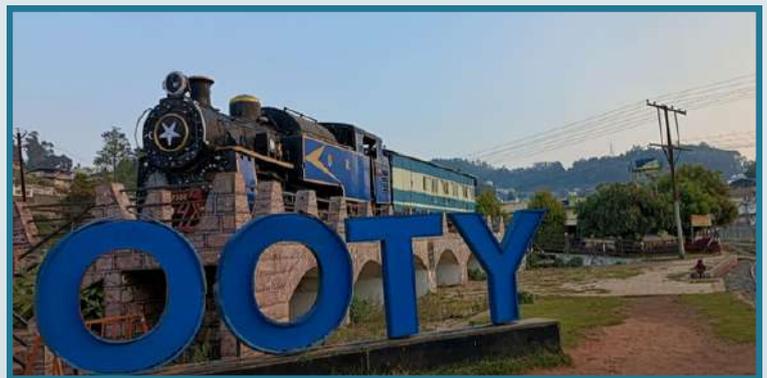


One of the first places we visited was the Ooty Botanical Garden. It was like stepping into a painting, with perfectly arranged flower beds, rare plants, and peaceful walkways. I especially loved the fossil tree trunk that's over 20 million years old!

We also visited the beautiful Ooty Lake, where we went paddle boating. Surrounded by eucalyptus trees and a quiet atmosphere, it was the perfect place to relax and take in nature's beauty. In the evening, the market nearby was buzzing with shops selling homemade chocolates, woolen clothes, and souvenirs.

The most exciting part of our trip was the Nilgiri Mountain Railway ride to Coonoor. Riding the toy train through tunnels, over bridges, and past tea plantations felt straight out of a movie scene! The views were absolutely stunning, especially with the mist rolling over the hills.

Another highlight was visiting a tea factory and watching how tea is processed – from leaf to cup! We even tasted different flavors of fresh tea and bought some to take home.



Ooty was more than just a hill station. It was peaceful, refreshing, and full of little discoveries – from spotting monkeys on treetops to enjoying steaming hot pakoras in the cold breeze.

This trip reminded me how beautiful and diverse our country is, and how travel teaches us things no classroom ever can. Ooty will always hold a special place in my heart – for its calm, charm, and unforgettable moments.

With a heart full of memories,

**Mr. M. Chaithanya**  
6<sup>th</sup> Semester, ACoN





## Nagaland: Beyond the Hornbill

Whenever I tell people I'm from Nagaland, the first thing they ask about is the Hornbill, it's an amazing celebration where all our tribes come together, it is a festival so colorful and full of life that people from across the world fly in. For us, it's normal. For tourists, it's Instagram gold. But honestly, Nagaland is so much more than just one festival.

Nagaland, my home, is one of those places where daily life feels like a mix of adventure and festival. With its rolling hills and valleys, even a "five-minute walk" can turn into a mini trek—but hey, free cardio. Our weather is another flex: while most of India is melting in the summer, we're pulling out sweaters, and in winter our water taps double as ice bucket challenge.



Food here isn't just food—it's an experience. Naga cuisine is famous for its spices and flavors; one bite can set your tongue on fire but also make you fall in love. And yes, refusing food in a Naga home is basically a crime. Fashion is part of our DNA; even going to the market feels like a runway show. With more than 16 tribes, each with its own traditions, festivals, and language, Nagaland is truly a land of festivals, with the Hornbill Festival being the grand showstopper. Music flows in every corner here—almost everyone sings or plays an instrument. Nagaland isn't just a state on the map—it's a vibe, a culture, and definitely a home worth bragging about.



## Famous Naga Cuisine

**Toshijungla. A O**  
1<sup>st</sup> Year, B. Pharmacy





# GHEVAR



Ghevar is a traditional Indian sweet delicacy that holds a special place in the cuisine of Rajasthan and other parts of North India.

It is most commonly prepared during the monsoon season and is strongly associated with festivals such as Teej and Raksha Bandhan. Shaped like a disc and having a unique honeycomb-like texture, Ghevar is unlike most other Indian sweets. Its main ingredients are refined flour (maida), ghee, milk, and sugar syrup, which come together to create a crisp yet juicy dessert. Once fried into a net-like cake, the Ghevar is soaked in flavored sugar syrup and often garnished with saffron, cardamom, silver vark, and dry fruits, making it not only delicious but also visually appealing.



The process of making Ghevar is both fascinating and delicate. A thin batter of flour and ghee is poured into hot ghee or oil in small portions, layer by layer, which helps in forming its characteristic holes and netted structure. This requires skill and patience, as the consistency of the batter and the temperature of the ghee must be perfectly balanced. After frying, the Ghevar is dipped in sugar syrup and decorated with almonds, pistachios, and sometimes topped with malai (cream) or mawa (khoya). Variations such as Plain Ghevar, Malai Ghevar, and Mawa Ghevar offer a variety of flavors to suit different tastes, each richer and more indulgent than the other.

Beyond its taste, Ghevar is deeply tied to Rajasthani culture and traditions. It is considered a symbol of festivity, prosperity, and celebration. During Teej, when married women pray for the well-being of their husbands, Ghevar is an integral part of the festive meal and is often exchanged as gifts between families. Similarly, on Raksha Bandhan, sisters present Ghevar along with rakhi to their brothers as a gesture of love and tradition. The sweet thus plays an important role in strengthening family bonds and cultural identity.

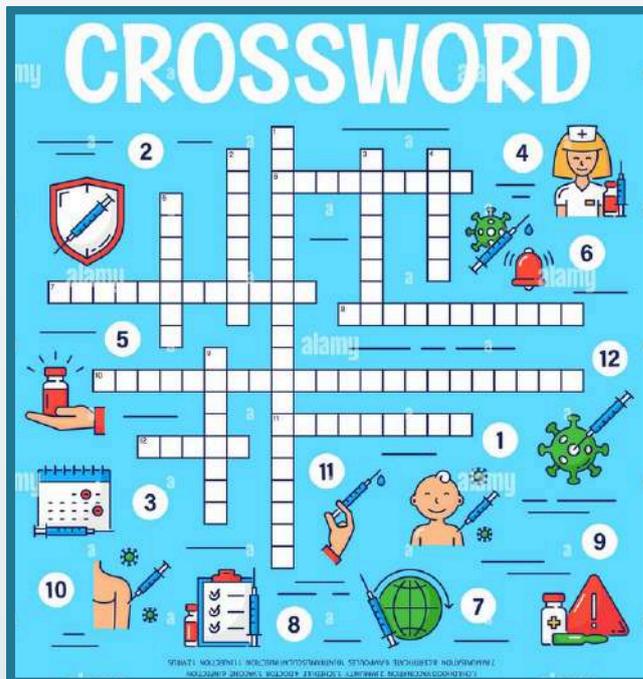
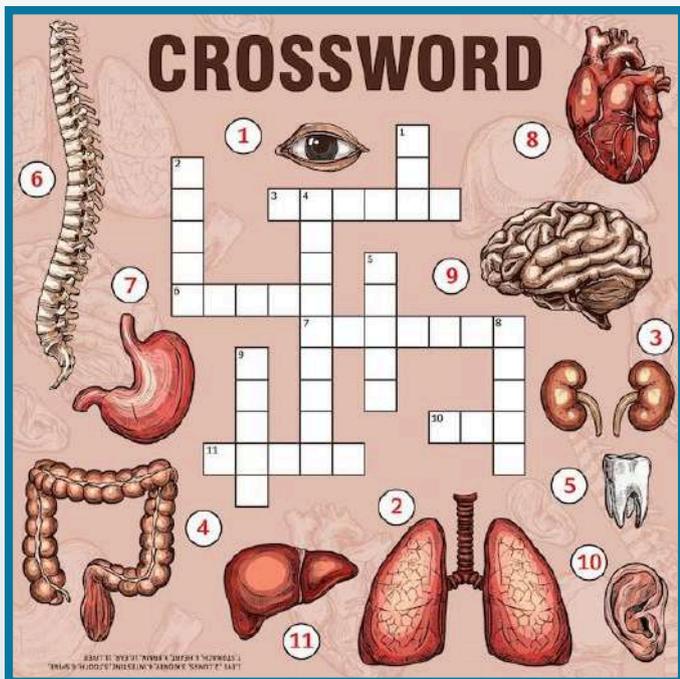


Today, Ghevar has gained popularity beyond Rajasthan and is enjoyed across India. Sweet shops begin selling it in large numbers during festive months, with beautifully decorated versions displayed to attract customers. While it is available all year round in some places, its charm during the monsoon and festivals is unmatched. Ghevar is not just a sweet dish—it is a representation of heritage, craftsmanship, and joy that continues to bring families together through taste and tradition.

**Jignesh Singh**  
I Year, B. Pharmacy



Ms.Afiya Begam,  
2nd Semester,ACONC



## Indian Food Riddles



D.Poojitha, B. Pharmacy 2nd year

**Instructions:** Read each riddle. Write the food name (answer) next to the clue. The first letter is given.

1. I'm triangular, filled with spicy potato, often served with mint chutney at tea time.

First letter: S

Answer: \_\_\_\_\_

3. Fragrant layers of rice, meat or vegetables, slow-cooked to perfection—fit for a feast.

First letter: B

Answer: \_\_\_\_\_

5. An ancient drink, thick and often sweet or salted, made from yogurt and blended until smooth.

First letter: L

Answer: \_\_\_\_\_

2. Delicate discs, cooked on a tawa, often paired with sabzi or dal

First letter: C

Answer: \_\_\_\_\_

4. Soft and white, made from fermented rice and urad dal, this is a staple breakfast across South India.

First letter: I

Answer: \_\_\_\_\_

6. Spherical, orange sweet served at festivals and as prasad, can be made of besan or boondi.

First letter: L

Answer: \_\_\_\_\_



7. A spicy snack usually found at street stalls—round, deep-fried shell stuffed with spicy potato and peas.

First letter: K

Answer: \_\_\_\_\_

9. Rich and creamy, made by slowly simmering black gram and kidney beans overnight, best paired with naan.

First letter: D

Answer: \_\_\_\_\_

8. Long, slender grains, aromatic and fluffy when cooked, often enjoyed plain or in elaborate dishes.

First letter: B

Answer: \_\_\_\_\_

10. Layered and flaky, sometimes stuffed, pan-roasted with ghee—famous North Indian breakfast bread.

First letter: P

Answer: \_\_\_\_\_

## COVID - 19 QUIZ

1. Which country developed the first nasal COVID-19 vaccine?

2. Which AI tool is being increasingly used in drug discovery today?

3. Which Indian organization regulates new drugs and clinical trials?

4. What is the focus of WHO's 2025 Global Health Campaign?

5. Which disease was declared eliminated from India in 2023?

6. Which compound is known as Aspirin?

7. What is the antidote for paracetamol poisoning?

8. What is the full form of FDA?

9. Which enzyme breaks down proteins in the stomach?

10. Name the hormone responsible for fight or flight response.

## Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 2 | 6 |   | 7 |   | 1 |
| 6 | 8 |   |   | 7 |   |   | 9 |   |
| 1 | 9 |   |   |   | 4 | 5 |   |   |
| 8 | 2 |   | 1 |   |   |   | 4 |   |
|   |   | 4 | 6 |   | 2 | 9 |   |   |
|   | 5 |   |   |   | 3 |   | 2 | 8 |
|   |   | 9 | 3 |   |   |   | 7 | 4 |
|   | 4 |   |   | 5 |   |   | 3 | 6 |
| 7 |   | 3 |   | 1 | 8 |   |   |   |

**D.Poojitha**  
**B Pharmacy 2nd year**

- COVID - 19 Quiz Answers**
1. India (INCOVACC)
  2. AlphaFold by DeepMind
  3. CDSCO (Central Drugs Standard Control Organization)
  4. Health equity and universal health coverage
  5. Kala-azar (Visceral Leishmaniasis)
  6. Acetylsalicylic acid
  7. N-acetylcysteine
  8. Food and Drug Administration
  9. Pepsin
  10. Adrenaline

# Apollo Students Excel in State and National Competitions

At the IIT Tirupati - Yerapedu **5K Fitness Fusion Run in Tirupati** on 13th April 2025, students from Apollo demonstrated a commendable sporting spirit. **R. Kishore (B.Tech III Year)** finished in 6<sup>th</sup> place, **P. Sandeep Kumar (B.Tech IV Year)** finished 10<sup>th</sup>, and **B. Nageswari (B.Sc Nursing)** finished 4<sup>th</sup> place if the list was by place. Below is a snapshot of how the university was represent on that high spirited occasion promoting health and well-being in the community.



Continuing with the exciting achievements, our MBBS students participated in the Dr. NTRUHS Inter-Collegiate Games Meet that took place on March 8-11, 2025 at Dr. Pinnamaneni Siddhartha Institute of Medical Sciences, Chinnoutapalli. The **AIMSR's Chess team**, comprising **PVR Saketh (2020), Kishore (2022), Mithun (2022), Rana Pratap(2023), and Anirudh(2024)**, showed exceptional strategic skills and teamwork to obtain 3<sup>rd</sup> place in the competition.

In another fascinating accomplishment, **M. Saran (B.Tech CSE, Batch 2024)** secured 3<sup>rd</sup> position at the Open National **Taekwondo Championship** 2025, organized by the Ministry of Youth Affairs and the Indian Olympic Association in Krishna District. His achievement at the national level remains a proud moment for the entire AKC family.



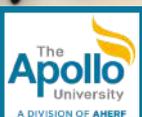
Adding another golden moment to our success story, **B. Nageswari (B.Sc Nursing)** ranked 1<sup>st</sup> at the 36<sup>th</sup> Andhra Pradesh **State Junior Inter-District Athletic Championship** 2025, which was held at Chirala, Bapatla District. Her victory in the 5K run reflects determined focus and athletic excellence.

On September 14, 2025, the university's athletes also competed in the Naidupeta Sports Federation **State Open Meet - 5K Run**, with **P. Sandeep (B.Tech 4<sup>th</sup> Year)** and **B. Nageswari (Nursing 2<sup>nd</sup> Year)** finishing in 112<sup>th</sup> and 9<sup>th</sup> place, respectively.



The AKC participants demonstrated the same consistency in local participation at the **DISHA Youth Fest 5K Run - 2025** on September 10, 2025, at Chittoor, a state organized event under the District Integrated Strategy for HIV/AIDS initiative. **B. Kishore (B.Tech)** and **R. Nageswari (Nursing)** finished in 3<sup>rd</sup> place, both demonstrating an athletic performance and social accountability.

Students from The Apollo Knowledge City have once again showcased tremendous energy, stamina, and excellence through their participation and successes in various notable sports events both at the state and national levels.



### School of Technology

| S.No | Reg.No       | Department Name           | SGPA |
|------|--------------|---------------------------|------|
| 1    | 122411520102 | A Varshitha (AI&DS)       | 10   |
| 2    | 122411520138 | G Kalyan (AI&DS)          | 10   |
| 3    | 122411520222 | M Thanishka (AI&DS)       | 10   |
| 4    | 122411520237 | N Likith (AI&DS)          | 10   |
| 5    | 122411520315 | S Afsana (AI&DS)          | 10   |
| 6    | 122411550114 | K CHANDANA (CS)           | 10   |
| 7    | 122411530142 | Kuna Dilli Priya (AI&ML)  | 10   |
| 8    | 122411530201 | N JYOSHNA (AI&ML)         | 10   |
| 9    | 122411530216 | POGAKULA PRAGATHI (AI&ML) | 10   |
| 10   | 122411530221 | R LAKSHMI (AI&ML)         | 10   |
| 11   | 122411510213 | Kalluru Yasmin (CSE)      | 10   |
| 12   | 122411510301 | Paipalle Thejasree (CSE)  | 10   |

### M.Tech. VLSI Design and Embedded Systems

|   |              |                 |      |
|---|--------------|-----------------|------|
| 1 | 122422270101 | Gowtham Kumar M | 9.36 |
|---|--------------|-----------------|------|

### School of Management

|   |              |                        |      |
|---|--------------|------------------------|------|
| 1 | 122420770102 | Dr. Abhidhithya A Nair | 9.44 |
|---|--------------|------------------------|------|

### Department of Public Health

|   |              |                          |      |
|---|--------------|--------------------------|------|
| 1 | 122421410103 | Balivada Sai Satya (MPH) | 8.92 |
|---|--------------|--------------------------|------|

### Department of Allied Health Sciences

|   |              |  |    |
|---|--------------|--|----|
| 1 | 122410150135 | MOHAMMED HAZEERA FATHIMA<br>(B.Sc Physician Assistant) | 10 |
|---|--------------|--|----|



## THE PRIDE OF AKC

| B.Pharm |              |                 |      |
|---------|--------------|-----------------|------|
| S.No    | Reg.No       | Department Name | SGPA |
| 1       | 122411100129 | T GEETHASREE    | 9.34 |

| Department of Biomedical Sciences |              |                  |      |
|-----------------------------------|--------------|------------------|------|
| S.No                              | Reg.No       | Department Name  | SGPA |
| 1                                 | 122411010107 | Gouri Nanda (UG) | 10   |

| M.Sc. Health Informatics and Analytics |              |                 |      |
|--|--------------|-----------------|------|
| S.No                                   | Reg.No       | Department Name | SGPA |
| 1                                      | 122422260102 | Alka Lepcha     | 9.83 |
| 2                                      | 122422260123 | Shashi Shekar S | 9.83 |

| Department of Psychology |              |   |      |
|--------------------------|--------------|---|------|
| S.No                     | Reg.No       | Department Name                         | SGPA |
| 1                        | 122411310103 | Angel Mahajan (B.Sc. Health Psychology) | 9.5  |



### Apollo College of Nursing

| S.No | Student Name                 | Programme Name | CGPA    |
|------|------------------------------|----------------|---------|
| 1    | Miss. Gifty Elizabeth Manoj  | 1st Semester   | 9/10    |
| 2    | Mr. Dudekula Chennuru Ismail | 2nd Semester   | 9.01/10 |
| 3    | Miss. Padmavathi             | 3rd Semester   | 9/10    |
| 4    | Miss Bindu                   | 3rd Semester   | 9/10    |

### Overall Topper and the Best Outgoing student



### Apollo Institute of Medical Sciences and Research

|   |                 |                         |
|---|-----------------|-------------------------|
| 1 | 2019 MBBS Batch | Ms. Boya Vijaya Lakshmi |
|---|-----------------|-------------------------|



**Volume 2, Issue 1**





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**The Apollo Knowledge City Campus,  
Saketa, Murukambattu,  
Chittoor (AP) - 517127**